

# PHYSICAL EDUCATION, B.P.E.

## Degree Requirements and Course Selection

It is the student's responsibility to have read the *Undergraduate Academic Calendar* carefully, and to know all relevant university and faculty regulations, policies and practices. Completion of degree requirements is the responsibility of the student. Returning students should contact their advisor if they have any questions concerning their curriculum.

The four degree programs have a base of shared core courses. Shared core courses are intended to ensure students recognize the interconnections across our Faculty and its related fields of practice, and to facilitate the professional education of students.

In Fall 2017 the Faculty of Kinesiology and Recreation Management introduced an updated curriculum. In Fall 2018 and later, all students admitted through Year 1 Direct Entry and Year 2 Advanced Entry admission will follow the updated curriculum program requirements for each undergraduate degree program.

## Degree Requirements

(Students admitted Year 1 Direct Entry in September 2017 or later)

To graduate with a three-year Bachelor of Physical Education degree, a student must have passed the 102 credit hours of the program outlined below and must have achieved a Degree Grade Point Average (DGPA) of 2.00 with a minimum grade of "C" in all Faculty-required courses.

A maximum of 132 credit hours may be attempted in order to obtain the 102 credit hours required for graduation with the Bachelor of Physical Education degree.

Course	Title	Hours
<b>Year 1</b>		
BIOL 1410	Anatomy of the Human Body	3
BIOL 1412	Physiology of the Human Body	3
ENGL 1200	Representative Literary Works (or 1000-level equivalent)	6
KPER 1200	Physical Activity, Health and Wellness	3
KPER 1500	Foundations of Physical Education and Kinesiology	3
M Requirement	MATH or STAT Course	3
Select 9 credit hours of Electives/Teaching Minor		9
<b>Hours</b>		<b>30</b>
<b>Year 2</b>		
KPER 2120	Academic Skills in Kinesiology and Recreation Management	3
KPER 2170	History of Physical Activity and Leisure	3
KPER 2200	Planning Principles	3
KPER 2320	Human Anatomy	3
KPER 2330	Biomechanics	3
KPER 2540	Psychology of Sport and Physical Activity	3
KPER 2700	Motor Control and Learning	3
PHED 2442	Health Education	3
PHED 2710	Human Movement Principles	3
PHED 2742	Group Fitness and Leadership	3

Select 6 credit hours of Electives/Teaching Minor		6
<b>Hours</b>		<b>36</b>
<b>Year 3</b>		
KPER 3100	Inclusive Physical Activity and Leisure	3
KPER 3460	Sociology of Physical Activity and Leisure	3
KPER 3470	Exercise Physiology	3
KPER 3512	Principles of Fitness Training	3
KPER 3550	Growth and Motor Development	3
PHED 3122	Developmental Games and Activities	3
PHED 3362	Culturally Relevant Pedagogies	3
PHED 3722	Coaching Theory and Practice	3
PHED 3732	Dance and Rhythmic Activities	3
Select 9 credit hours of Electives/Teaching Minor		9
<b>Hours</b>		<b>36</b>
<b>Total Hours</b>		<b>102</b>

**Note:** Students who intend to apply for admission to the Faculty of Education after completing their BPE degree should review the information in the current Undergraduate Academic Calendar and consult with the Faculty of Education to ensure they are selecting an appropriate teachable minor and courses for their choice of the Early, Middle or Senior Years stream.